

**SCHOOL OF
ENGINEERING**

Dayananda Sagar University
School of Engineering

Devarakaggalshalli, Harohalli Kanakapura Road, Dt. Ramanagara, Karnataka 562112.
DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
(Artificial Intelligence & Machine Learning)



Report on Inspirational talk on “Empowering Educators: Elevating Lives through Personal and Professional Growth”

Date: 16/01/2025

Time: 2:00 P.M to 4:00 P.M

On 16/01/2025, the Department of CSE- (AI & ML) organized an inspiring event titled “Empowering Educators: Elevating Lives through Personal and Professional Growth.” The aim of the session was to provide educators with tools, insights, and strategies for fostering growth, both in their personal lives and professional careers.



DAYANANDA SAGAR UNIVERSITY

DAYANANDA SAGAR UNIVERSITY, 12/2nd AVENUE, 90, 10TH CROSSROADS, K. H. ROAD, BANGALORE - 560078

SCHOOL OF ENGINEERING

DEPARTMENT OF CIE (ARTIFICIAL INTELLIGENCE AND MACHINE LEARNING)

INSPIRATIONAL TALK

ON

Empowering Educators: Elevating Lives Through Personal and Professional Growth



DR. P. SUPRAJA
Associate Professor,
India - US Visiting Fellow, USA (USC)
Post-Doctoral Research Associate, US
SRM Institute of Science and Technology
Chennai, India



S.V.K.R. RAJESWARI SATULURI
Assistant Professor / Researcher,
Public Speaker / Life Coach,
MLP Practitioner,
Lifestyle Writer
Goryananda Sagar University
Bangalore, India

2:00 P.M to 4:00 P.M

 **16th Jan 2025**

SCAN TO REGISTER!!!



The event featured two distinguished speakers:

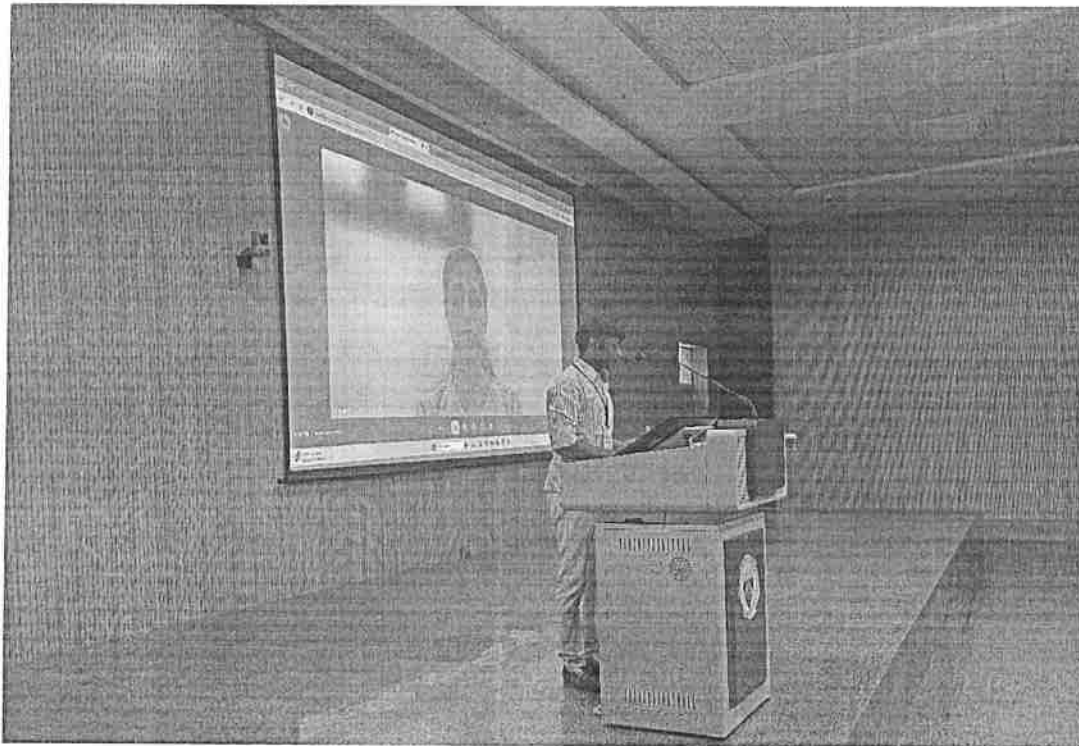
1.Dr. P. Supraja, who joined the session virtually
(Google meet link: <https://meet.google.com/tqo-ncmv-dnb>), and

2.Ms. S.V.K.R. Rajeswari, who engaged with the audience in person.

The session began with a warm welcome address, setting a positive tone for the discussions that followed.

Session Highlights

Dr. P. Supraja's Talk



Dr. Supraja's session revolved around the theme of **Universal Human Values** and their connection to the **Sustainable Development Goals (SDGs)**. She eloquently highlighted how adopting these values can enhance the quality of life by building meaningful and fulfilling personal relationships.

She explained the significance with interactive session on:

1. Nurturing compassion and empathy in personal and professional interactions,
2. Aligning our actions with SDG goals to create a balanced and content life, and
3. Recognizing that genuine happiness stems from harmonious relationships and purposeful living.

Her thought-provoking insights left a lasting impression on the audience, encouraging them to reflect on their current practices and strive for a more values-driven approach to life.

Question and Answer Session



The event concluded with a lively Q&A session, where attendees posed insightful questions to the speaker. Both Dr. Supraja provided thoughtful and practical responses, ensuring the audience walked away with clear takeaways. The dialogue allowed participants to connect with the speaker on a personal level and address their specific concerns.

Ms. S.V.K.R. Rajeswari's Talk



Ms. S.V.K.R.Rajeswari captivated the audience with her engaging session on **self-reflection, resilience, overcoming negativity, and opportunities to improve ourselves**. She provided actionable methods to enhance personal well-being and tackle challenges with confidence.

Key topics covered included:

1. **The Art of Self-Reflection:**

- Mirror method of Self-Reflection.
- Understanding one's strengths and areas of improvement.
- Developing a regular habit of introspection to identify and address personal and professional roadblocks.

2. **Building Resilience:**

- Strategies to adapt and thrive in challenging situations that include stress, handling emotions, anxiety, overthinking, societal pressures, and personal challenges.
- Know coping mechanisms.
- Using setbacks as opportunities for growth and learning.

3. **Avoiding Negativity:**

- Practical tips to maintain focus and positivity amidst external pressures.
- Surrounding oneself with uplifting influences and environments.

4. **Opportunities to improve:**

- To ask in every situation, "What opportunities do I have in my current situation to contribute to this university?"
- Opportunities -NPTEL domain certifications, adaptability to technology, collaborative work, working on feedback and criticism, transforming challenges into opportunities, know your skill-get certification in it, and getting the highest degree.

Her motivational words encouraged the participants to embrace life's hurdles with courage and optimism while cultivating a growth mindset.

Question and Answer Session



The event wrapped up with an engaging Q&A session, during which attendees asked thought-provoking questions to the speakers. Ms. Rajeswari offered insightful and practical answers, leaving the audience with valuable takeaways. This interactive dialogue fostered a personal connection between the participants and the speakers, allowing for the addressing of specific concerns.

Conclusion

The inspirational talk ended on a high note, with attendees feeling motivated and empowered. The positive energy in the room was palpable, and many expressed their gratitude to the speakers for their valuable insights and practical guidance.



The Department of CSE-AI & ML extends its heartfelt thanks to the resource persons, organizers, and participants for making this event a grand success. This session not only enriched the lives of the attendees but also reinforced the department's commitment to fostering growth and inspiration among educators.

Overall Remarks

The inspirational talk, **"Empowering Educators: Elevating Lives through Personal and Professional Growth,"** was a great success. The sessions by Dr. P. Supraja and Ms. S.V.K.R. Rajeswari offered valuable insights into personal development, resilience, and relationship-building. The engaging Q&A session further enriched the experience, leaving attendees motivated and equipped with practical strategies for growth.



S.V.K.R. Rajeswari
16/1/25

S.V.K.R. Rajeswari,
Assistant Professor,
CSE-AI & ML Department,
Dayananda Sagar University,
Kanakapura Road, Ramanagara,
Karnataka-562112, India

Dr. Jayavrinda Vrindavanam

Dr. Jayavrinda Vrindavanam,
Professor and Chairperson,
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Karnataka-562112, India

CHAIRPERSON



DAYANANDA SAGAR
UNIVERSITY



SCHOOL OF
ENGINEERING

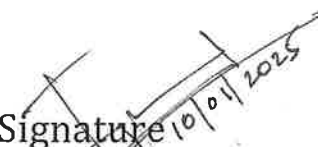
Devarakaggalahalli, Harohalli, Kanakapura Road, Ramanagara District, Karnataka - 562 112

Lecture Hall-2 Booking Request Form

Particulars	Details
Department	CSE - AT&ML department
Major Activity	Inspiring talk on "EMPOWERING EDUCATORS: ELEVATING LIVES THROUGH PERSONAL AND PROFESSIONAL GROWTH" by ? Dr P.SUPRAJA AND S.V.K.R.RAJESWARI
Total Participants	All SOE departments are invited
Date of Activity	16/01/25
Duration (from - to)	2:00 PM - 4:00 PM
Name of the Staff Co-Ordinator	S.V.K.R. Rajeswari


Signature

Staff Co-Ordinator


Signature 10/01/2025

Dept. Chairperson


Signature 11/1/25

DEAN-SOE



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Attendance of the Audience

Inspiring talk on "Empowering Educators: Elevating Lives Through Personal and Professional Growth"

Speakers:

Speaker 1: Dr.P.Supraja, Associate Professor, SRM Institute of Science and Technology, Kattankulathur, Chennai, India

Speaker 2: Ms.S.V.K.R.Rajeswari, Assistant Professor-CSE (AI & ML), Dayananda Sagar University, Harohalli, Karnataka, India

Event details:

Event date: 16/01/2025

Event time : 2:00 P.M to 4:00 P.M

VENUE: Lecture Hall-II

Sl. No	Name	Designation	Department	Signature
01.	Dr. Shreyas R. Hole	Asst. Professor	CSE (AI & ML)	SRM
02	CHANDAN		CSE (AI & ML)	
03	Chandana. G		CSE - AI	Chandana G
04	Shruthi B.R		CSE - AIML	Shruthi B.R
05	Dr. A. VEGI FERNANDO	ASSOC. PROF	CSE - AIML	
06	Dr. N. Nagarjuna Naik	Asst. prof	CSE (AI & ML)	
07	Dr. Sumit K. Yadav	Asst. Prof.	CSE (AI & ML)	Sumit
08	Prapti Bhattacharyya	Asst. Prof.	CSE (DS)	
09.	R. Sriram Kumar	Asst. Prof	CSE (AI & ML)	
10.	Dr. Joshua Prockin Chamiy	Assoc. Prof.	CSE (AI & ML)	
11.	Ms. Nivetha. R	Asst. Prof	CSE (AI & ML)	Nivetha R
12.	BHUVANA MOHINI T.N.	Asst. Prof	CSE (AI & ML)	Bhuvana
13	SANIL POCKER	Asst. Prof	CSE (AI & ML)	
14	Dr. ABDUL HAQ NALBAND	Assoc. Prof.	CSE (AI & ML)	

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FEEDBACK FORM

Timestamp	Email Address	Name	Job role	How would you rate the overall session?	How engaging was SPEAKER 1?	How engaging was SPEAKER 2?	Was the content of the talk relevant and helpful to	Any additional comments or suggestions?
1/20/2025 15:58:01	rajeswarisatuluri@gmail	Rajeswari	AP	Excellent	Excellent	Excellent	Extremely Relevant	Great session overall!
1/20/2025 16:13:03	sahilpocker98@gmail.c	Sahil Pocker	Assistant Professor	Excellent	Excellent	Excellent	Extremely Relevant	Great session overall!
1/20/2025 16:26:10	shreyasrajendra.hole-ai	SHREYAS RAJENDRA H	Asst. PROFESSOR	Excellent	Excellent	Excellent	Extremely Relevant	No.
1/20/2025 16:26:37	shivashankara-aiml@ds	Shivashankara N	Assistant professor	Excellent	Excellent	Excellent	Extremely Relevant	Nil
1/20/2025 16:29:07	bhuvana.m-aiml@dsu.e	Bhuvana Mohini T N	Assistant Professor	Good	Good	Excellent	Relevant	Overall good session. Looking forward to more i
1/20/2025 17:29:06	Pradeepkumar.k-aiml@d	PRADEEP KUMAR K	Assistant Professor	Excellent	Excellent	Excellent	Relevant	Nice session
1/21/2025 7:07:27	mude.nagarjun.a.naik-ai	Dr. Mude Nagarjuna Nai	Assistant Professor	Excellent	Excellent	Excellent	Relevant	Nope
1/21/2025 8:31:46	abduhaq-aiml@dsu.edu	Dr Abdul Haq Nalband	Associate Professor	Good	Good	Good	Relevant	Talk was informative and good..
1/21/2025 8:46:25	joshuva.a.dhanraj-aiml@	Dr. Joshuva Arockia Dha	Associate Professor	Excellent	Excellent	Excellent	Extremely Relevant	Overall was good
1/21/2025 9:20:59	rakshita.r-aiml@dsu.edu	Rakshita R	Assistant Professor	Good	Good	Excellent	Relevant	Nil
1/21/2025 10:08:16	subhash.mondal-aiml@	Subhash Mondal	Assistant Professor	Excellent	Excellent	Excellent	Extremely Relevant	Involve students next time
1/21/2025 10:29:18	vinutha.n-aiml@dsu.edu	Dr. Vinutha N	Associate Professor	Good	Good	Good	Relevant	Activity can be carried out
1/21/2025 21:13:58	chandrakala-ds@dsu.ed	Chandrakala L	Assistant Professor	Excellent	Excellent	Excellent	Extremely Relevant	Well done
1/22/2025 9:10:08	prapti.b-ds@dsu.edu.in	Prapti Bhattacharjee	Assistant Professor	Excellent	Excellent	Excellent	Relevant	exercises