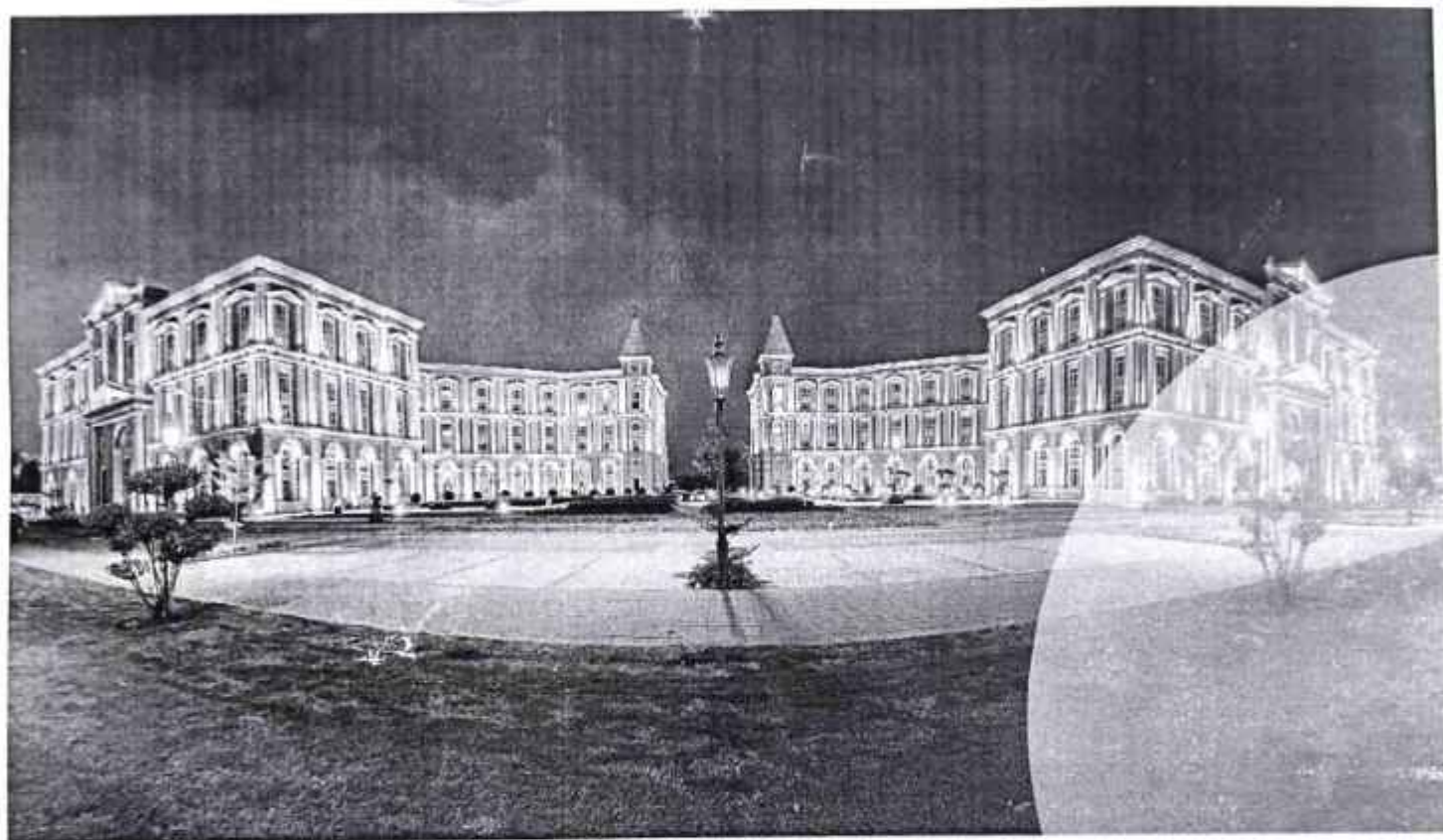




DAYANANDA SAGAR
UNIVERSITY



Cardio-Pulmonary Rehabilitation Workshop

SCHOOL OF HEALTH SCIENCES
COLLEGE OF PHYSIOTHERAPY

NAME OF COORDINATORS: Dr. Srihari Sharma K N (PT)

Dr. Kanchan P. Sugandhi (PT)

Date of Event: 03/07/2025 to 04/07/2025

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1. Introduction of the Event

The Cardio-Pulmonary Rehabilitation workshop enlightened the participants upon common Cardio-Pulmonary Conditions, and their medical and physiotherapy management. This 2 days Hands-on session helped our participants to experience the advanced rehabilitation techniques, thus focusing on their evidence based lifelong learning and application.

2. Objective of the Event

The objectives of this workshop were –

- To understand the clinical aspects and investigations-based approach of Cardio-Pulmonary Disorders.
- To edify the participants with different case scenarios related to Cardio-Pulmonary Disorders.
- To provide a hands-on experience to participants about the latest modalities and protocol applicable to Cardio-Pulmonary Rehabilitation.

3. Beneficiaries of the Event

This workshop provided an opportunity to BPT ad MPT students to enhance their knowledge, learning, planning and management skills. The approach of clinical assessment and advanced treatment options will promote a sense of critical thinking, uplifting the professional responsibilities.

4. Details of the Guests

We had 5 guests for the 2-days Hands-on workshop –

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1. Dr. Puneet K
Associate Professor, Respiratory Medicine Department, CDSIMER.
2. Dr. Komal Agarwal
Incharge & Assistant Physiotherapy Officer - CPR, Sakra World Hospital
3. Dr. Putla Blessy Raiza Paul
Team Leader - CPR, Sakra World Hospital
4. Dr. Gladwin Mathew
Physiotherapist - CPR, Sakra World Hospital
5. Dr. Aswin K R
Junior Physiotherapist - CPR, Sakra World Hospital

5. Brief Description of the event

The College of Physiotherapy, Dayananda Sagar University, conducted 2 -days hands-on workshop titled "Cardio-Pulmonary Rehabilitation" on 03rd and 4th July 2025. It was conducted in collaboration with Sakra World Hospital – CPR team. The Day 1 of this workshop enlightened the participants upon common Cardio-Pulmonary Conditions, and their medical and physiotherapy management. In-depth explanation of pulmonary conditions like ILD, Asthma, COPD, etc and individualized treatment planning were emphasized. The afternoon sessions included skit competition presentation by participating BPT students. It highlighted clinical presentation of cardio-pulmonary diseases in various real-life situations and prompt management undertaken usually.

On Day 2, we had experts from Sakra World Hospital – CPR team who ensured detailed explanations of cardio-pulmonary conditions and ground rules for its care and management in hospital/clinical settings. A practical hand -on sessions using IMT device, digital 6 min walk test device, Clear Way 2 - insufflator - exsufflator, etc nurtured participants with the effort to plan and execute individualized physiotherapy management.



This workshop was an add-on to the latest learning of BPT and MPT students and it ensured to engage their budding minds into importance of good health and well-being to the society. The ideas from latest modalities and techniques for rehabilitation might ignite their interest in research as well.

6. Photographs (3 to 5 max all aligned– with geo tagging)



Picture 1: Dr. Pushpa Sarkar, Dean, SHS and Guests speakers formally inaugurating the workshop.



Picture 2: Dr. Puneeth K – Explaining the concepts and clinical manifestations in Cardio-Pulmonary conditions.



Picture 3: Experts from Cardio-Pulmonary Rehabilitation Team, Sakra World Hospital discussed on the importance of planning and executing individualized physiotherapy management.



Picture 4: Hands-on experience of latest Cardio-pulmonary Rehabilitation modalities By participants.

7. Brochure or creative of the event

**DAYANANDA SAGAR
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COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES





Cardio- Pulmonary Rehabilitation Workshop

Learn. Practice. Excel.
2- Days hands-on journey through the essentials of
Cardio-Pulmonary Physiotherapy.

SPEAKERS



Dr. Puneet K
DNB (Respiratory Medicine),
DTCD, MBBS
CDSIMER



Dr. Komal Agrawal (PT)
In-charge & Asst Physiotherapy
Officer - CPR,
Sakra World Hospital



Dr. Putta Blessy
Razuo Paul (PT)
Team Leader - CPR,
Sakra World Hospital



Dr. Gladwin Mahiban (PT)
Physiotherapist - CPR,
Sakra World Hospital

**3 & 4 JULY, 2025
10 AM - 4 PM**

**2nd Floor, Seminar Hall,
College of Physiotherapy,
School of Health Sciences**

**CONTACT - Dr. Srihari Sharma K N - 9886040520
Dr. Kanchan P. Sugandhi - 97559 79947**

**Dean,
School of Health Sciences**

**Principal and Staff,
College of Physiotherapy**



8. Schedule of the Event

It was 2 days Hands-on workshop conducted on 03/07/2025 (Thursday) and 04/07/2025 (Friday), between 10 am - 4 pm.

9. Attendance of the Event

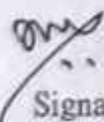
List of participants is attached to this report at the end.

10. News Publication

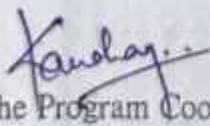
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11. Feedback of the Event

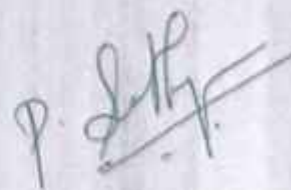
Feedback report is attached at the end of report.



Signature of the Program Coordinator

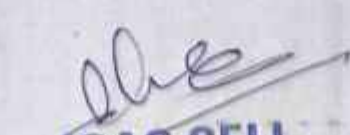


Seal and Signature of the Principal with date



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