



DAYANANDA SAGAR  
UNIVERSITY

College of Physiotherapy  
School of Health Sciences  
Devarakaggarahalli, Harohalli, Kanakapura road,  
Dt, Ramanagara, Karnataka - 562112

# Healthy Ageing

Active today,  
Independent tomorrow..

## Date & time

8<sup>th</sup> September 2025  
11am onwards

## Venue

- Kodihalli
- Rural College, Kanakapura
- BBMP Maternal Hospital
- Abhalashrama

## Program Coordinators

- Dr. Srihari Sharma
- Dr. Sandhya Eluri
- Dr. Gayathri
- Dr. Pramod



Dean, Principal & Staff, COPT DSU  
welcomes one and all



# COLLEGE OF PHYSIOTHERAPY

## Report on World Physiotherapy Day Celebration

Date: 8th September 2025

Theme: Healthy Ageing

Participants: 22

Venue: Kodihalli, Rural College Kanakapura, BBMP Maternal Hospital NR Colony, and Abhalashrama.

College of Physiotherapy, Dayananda Sagar university conducted as Extension Activity on the occasion of World Physiotherapy 2025 with theme of 'Healthy AGEING' was celebrated with great enthusiasm on 8th September 2025 at four different venues – Kodihalli, Rural College Kanakapura, BBMP Maternal Hospital NR Colony, and Abhalashrama. The program focused on this year's theme 'Healthy AGEING AND FRALITY, PREVENTING FALL', aiming to create awareness among the community about the importance of physiotherapy in promoting health, independence, and quality of life in older adults.

### Event Highlights

Awareness talks were delivered at all venues highlighting the role of physiotherapy in maintaining mobility, preventing age-related complications, and encouraging active lifestyles among elderly populations. A skit performance was organized by the MPT students to spread the message in an interactive and impactful way. The skit emphasized common issues in ageing, the role of exercise, and the importance of early physiotherapy intervention.

The sessions witnessed active participation from the public, students, and healthcare staff, followed by meaningful discussions and clarifications. The program was well received by the community, with participants showing keen interest and raising relevant queries. The awareness activities successfully conveyed the importance of physiotherapy in achieving healthy ageing and maintaining functional independence.

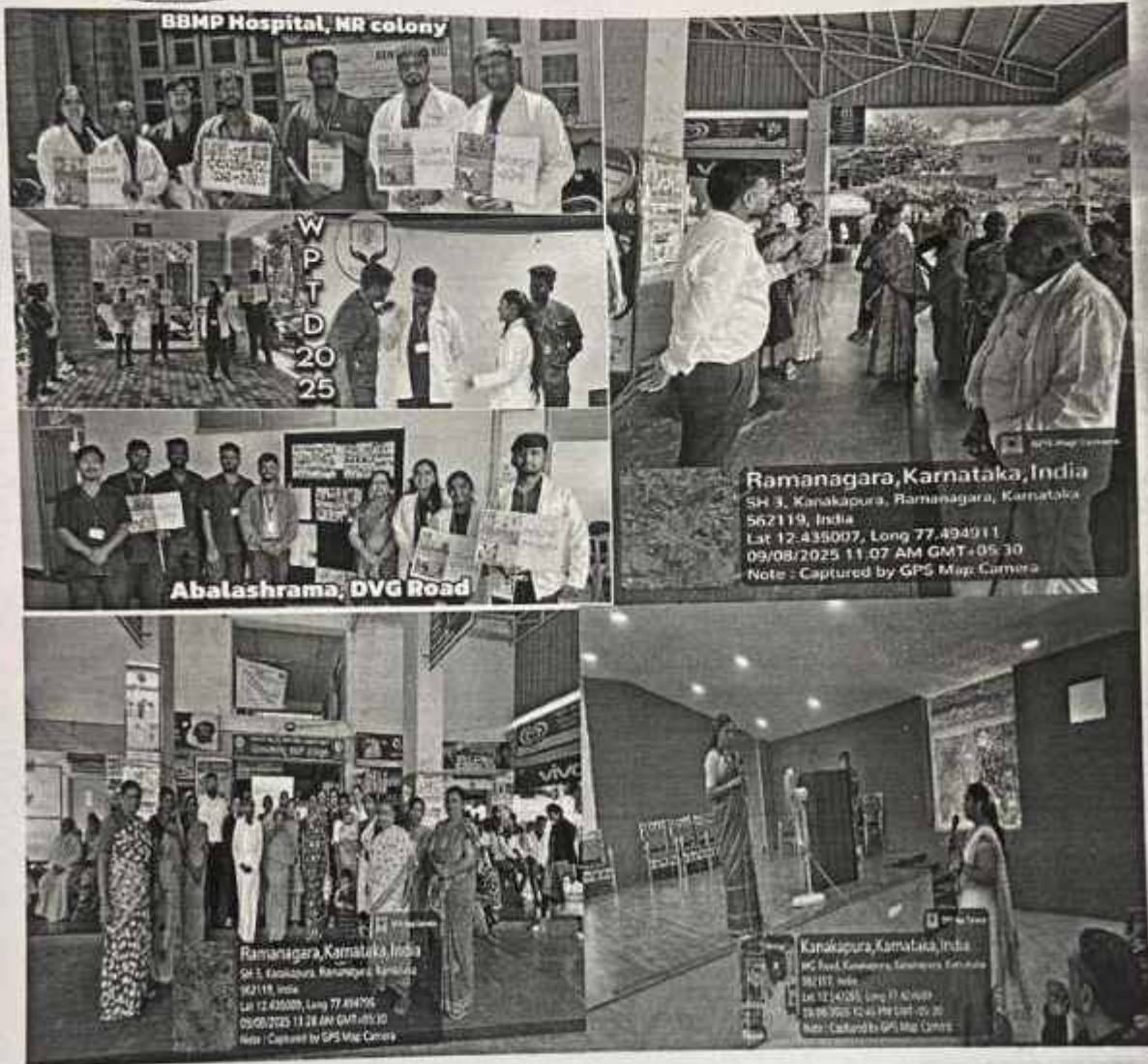
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*P. Lethy*



# COLLEGE OF PHYSIOTHERAPY



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