



DAYANANDA SAGAR
UNIVERSITY

COLLEGE OF PHYSIOTHERAPY

SCHOOL OF HEALTH SCIENCES

INVITES YOU TO A
SEMINAR ON

"PELVIC ORGAN PROLAPSE DEMYSTIFIED: A PHYSIOTHERAPIST'S ROLE IN PREVENTION AND CARE"



DR. JASMINE FLORA, MPT (OBG), PHD
WOMEN'S HEALTH AND PELVIC FLOOR
PHYSIOTHERAPIST

DATE 8TH JULY 2025

TIME 10 AM - 1 PM

VENUE

SEMINAR HALL,
COLLEGE OF PHYSIOTHERAPY,
SCHOOL OF HEALTH SCIENCES
DSU MAIN CAMPUS ,
DEVARAKAGGALAHALLI, HAROHALLI,
KANAKAPURA ROAD, RAMANAGARA DT.
BENGALURU - 562 112

FOR MORE INFORMATION
CONTACT
DR. JAGRUTI NS
9108083906

DR. JAGRUTI NS
9108083906

DEAN

SCHOOL OF HEALTH SCIENCES

PRINCIPAL AND STAFF

COPT, DSU



**REPORT ON THE SEMINAR: PELVIC ORGAN PROLAPSE
DEMYSTIFIED: A PHYSIOTHERAPIST'S ROLE IN PREVENTION AND
CARE**

Date: 08-07-2025

Time: 9 am-4 pm

Number of students attended: 75

Number of teaching staff
attended: 2Total

Location: Seminar hall, 2nd Floor, College of Physiotherapy, Health Sciences Building,
Dayananda Sagar University, Deverakagalahalli, Harohalli, 562112

The College of Physiotherapy, Dayananda Sagar University, successfully organized an insightful seminar titled "Pelvic Organ Prolapse Demystified: A Physiotherapist's Role in Prevention and Care" on 8th July 2025. The session was led by the esteemed resource person, Dr. Jasmine Flora, and coordinated by Dr. Feba and Dr. Jagrruthi. The seminar witnessed active participation from 3rd and 4th-year BPT students as well as postgraduate students from the College of Physiotherapy. The sessions were designed to cater to both UG and PG learning levels, ensuring a thorough understanding of the topic across academic stages.

The morning session focused on building foundational knowledge and clinical insight into pelvic organ prolapse. Dr. Jasmine Flora led an in-depth discussion covering:

- Anatomy and Physiology of the female reproductive system and pelvic floor musculature
- Pathophysiology and the mechanisms contributing to the development and progression of POP



COLLEGE OF PHYSIOTHERAPY

School of Health Sciences

Devarakaggalahalli, Harohalli,

Kanakapura Road,

Bengaluru South District - 562 112

- Clinical features and diagnostic methods to assess the severity and stages of prolapse
- Overview of treatment options, emphasizing conservative and physiotherapeutic management approaches

The afternoon session was exclusively conducted for postgraduate students. It featured:

- A specialized discussion on recent advances in the management of pelvic organ prolapse, including evidence-based physiotherapeutic interventions, innovations in pelvic floor rehabilitation, and integrative approaches
- A Q&A session, where students had the opportunity to clarify their doubts, engage in academic dialogue, and explore real-life case examples shared by the speaker

The seminar served as an excellent platform for enhancing student knowledge and awareness on pelvic organ prolapse. It successfully highlighted the critical role physiotherapists play in the early identification, prevention, and rehabilitation of POP. The engaging delivery by Dr. Jasmine Flora made the seminar interesting and fun to learn. The College of Physiotherapy looks forward to conducting more such academically enriching events in the future to continue fostering advanced clinical competencies among students.

DAYANANDA SAGAR UNIVERSITY
COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES

SEMINAR ON
"PELVIC ORGAN PROLAPSE DEMYSTIFIED: A PHYSIOTHERAPIST'S ROLE IN PREVENTION AND CARE"

DR. JASMINE FLORA, MPT (O&G), PhD
WOMEN'S HEALTH AND PELVIC FLOOR PHYSIOTHERAPIST

DATE 8TH JULY 2025
TIME 10 AM - 1 PM
VENUE DEPARTMENTAL COLLEGE OF PHYSIOTHERAPY, SCHOOL OF HEALTH SCIENCES, DAYANANDA SAGAR UNIVERSITY, DEVARAKAGGAHALLI, HAROHALI, KANAKAPURA ROAD, BANGALURU SOUTH DISTRICT - 562 112

CONTACT FOR MORE INFORMATION
DR. PRAKASH VIDYARATHY
DR. JAGRUTHA VIDYARATHY

DEAN
SCHOOL OF HEALTH SCIENCES

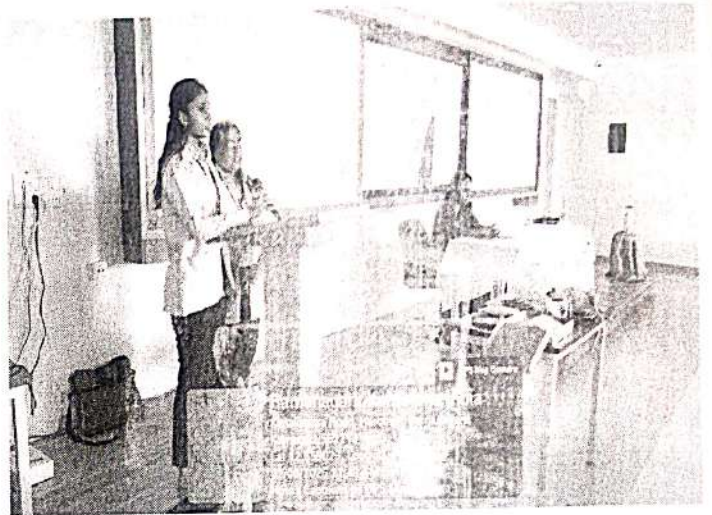
PRINCIPAL AND STAFF
CPT, DSU





COLLEGE OF PHYSIOTHERAPY

School of Health Sciences
Devarakaggalahalli, Harohalli,
Kanakapura Road,
Bengaluru South District - 562 112



Program coordinator

Principal



Principal
College of Physiotherapy,
Dayananda Sagar University,
Bengaluru, 560078